



October Events

Click on the link to any event below to register online

*Weathered Treasures:
Crafting Stories in Motion*

Tues, Oct 6 | 5:30 PM

Bring your collected objects to life

*Healing the Earth, Healing
Ourselves*

Tues, Oct 20 | 5:30 PM

Rewilding our green spaces

Walking Meditation

Sun, Oct 11 | 2:00 PM

Walk the labyrinth and calm
your mind

*Oh the Places We Will Go:
An Unfolding Spiritual Life*

Sat, Oct 24 | 9:00 AM

Explore what it means to live a spiritual
life

*Belly Dance Basics:
All About the Hips*

Tues, Oct 13 | 5:30 PM

Learn how movement can be both
empowering and joyful

Full Moon Release Ceremony

Tues, Oct 27 | 6:00 PM

Let go of what no longer serves you

Joy to Stillness Meditation

Wed, Oct 14 | 5:15 PM

Nourish your mind, body & spirit

Fireside Astrology

Wed, Oct 28 | 5:30 PM

Explore Scorpio season

The Red Shoes

A Center for Personal & Spiritual Growth

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